

April 10, 2008  
Thursday of the Third Week of Easter

Readings of the day may be found on the following link:

<http://www.nccbuscc.org/nab>

Acts 8:26-40

Psalm 66:8-9, 16-17, 20

John 6:44-51

*I am the bread of life.*

One of my life dreams is to become a proficient breadmaker. It is a dream because I wish it but do not put much action behind the wish. Instead, I make bread for a special occasion, take pleasure in the accomplishment, form an intention to do it again the following week, and then get too busy to do anything more about it until another special occasion comes around again. I am attracted to breadmaking because bread is the sustenance of life. It is the one thing that can fill us up when we are hungry and it is that one thing that can carry us through times of limited resources. In this gospel, I hear the invitation to see and hold Jesus as the food that sustains us and fills us in all times and through all times. I also hear the challenge to root my life in gospel living and trust that Jesus will nourish me for the journey.

*Beware lest you lose the substance by grasping at the shadow. □*

*~Aesop*

Truly, what sustains you?